## **Equine Therapy Marriage Intensive** Workshop Friday and Saturday, November 9-10

Leaders: Kelley C. Jones, M.Ed., LPC

Adam Calvert, Ed.S, LPC-S, CSAT-S

**Wellspring Christian Clinic** 

We will join hands with:

Glenn Magargee, LPC, Equine therapist

**Mustard Seed Society** 



Why Equine Therapy?

Marriage is fraught with "blind spots"!

Fears of intimacy, troubled pasts, awkward feelings from hurts, old hang- up's, fears of rejection, fears of criticism, lack of trust...the list goes on & on. This type of therapy will help to uncover "blind spots" that keep your marriage from growing. By engaging the horses you will better understand yourself and your marriage by avoiding the usual failed defenses and problem solving mechanisms. It is our hope that you will gain new insights for growing a healthier marriage, increase your ability to tolerate closeness, break down old walls and old resentments, and learn to enjoy your marriage again!

Join us for two days of intensive experiential exercises designed to unveil your blind spots and increase your ability to tolerate closeness in your marriage.

Cost: \$1500-half is due by Monday Oct. 29th

**Includes: 3 counselors** 

5 meals per person Overnight Room Care of the horses

(Checks payable to Wellspring Christian Clinic)

Location: 3155 Cook Springs Road, Pell City, Alabama 35125

## Agenda for the Workshop

#### **Friday**

9:00- Orientation

9:30- Session I-Horses

12:00-Lunch

1:00-Session II-Horses & Processing

**5:00- Dinner** 

**7:00** – **Group time** 

## **Saturday**

8:00 -Breakfast

8:30 –Devotion

9:30 –Session III –Horses

12:00 -Lunch

1:00 -Session IV -Horses

4:00 -Departure

# From blind spots and avoidance to openness, closeness, transparency!

